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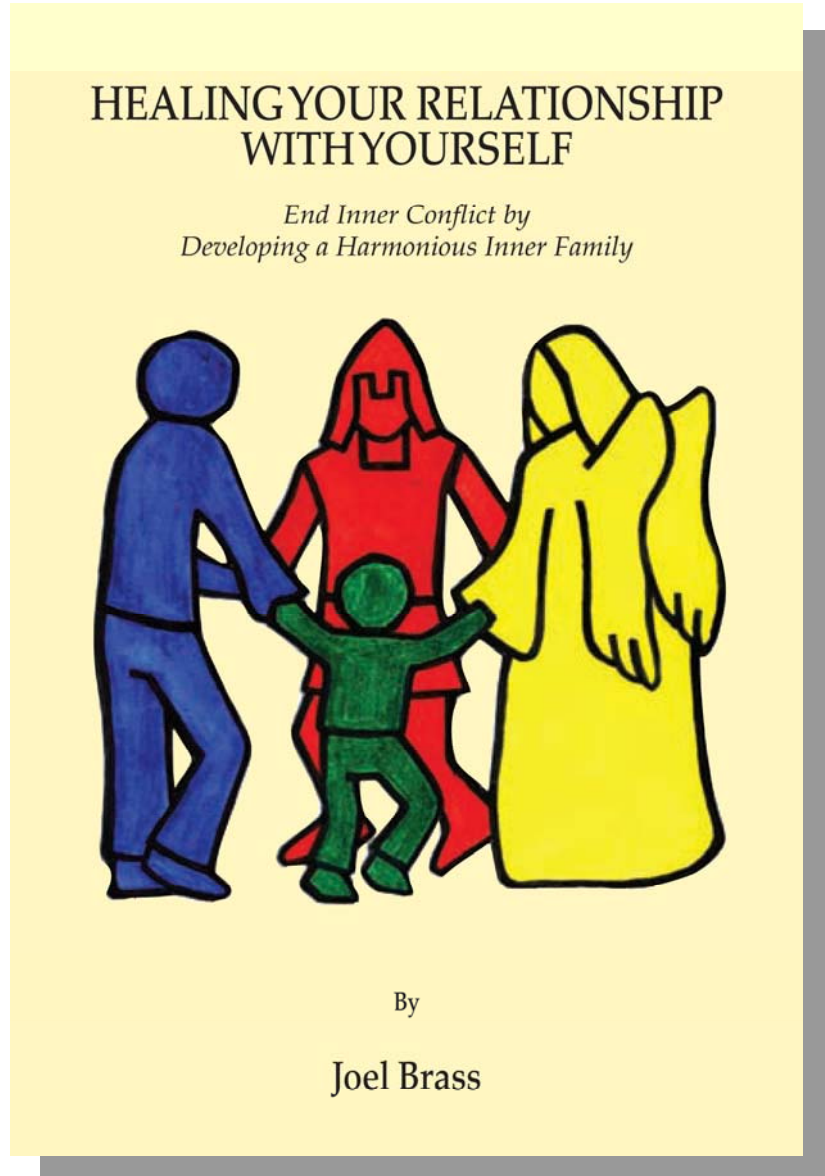


JOEL BRASS AND ASSOCIATES LTD.

# The Growing Edge

**HAPPY NEW YEAR!**

*After a ten year labour of love, I am thrilled to announce the joyful arrival of my "professional baby":*



Library of Congress Cataloging-in-Publication Data

Brass, Joel, 1951-

ISBN 978-1-4251-8559-6

1. Psychotherapy 2. Spirituality 3. Self-healing

5.5 x 8.5" soft-cover

Level: Popular

300 pages

\$26.95 CA circa (plus shipping and handling)

Spring 2009 release



Please see next page for back cover...

Most people who come into my office do not understand that the problems that they present to me originate with inner conflict. They believe sincerely (but mistakenly) their problems are the result of external causes. If they persevere in their inner healing work they soon come to realize that healing is an “inside job”.

*This book is founded upon three beliefs: (i) How you experience everything in life is not determined by [any] external agents or circumstances. It is determined by the state of consciousness that you are in; (ii) Your “normal” state of consciousness is fear-based and survival-oriented, which I call the aggressive/defensive ego, which perpetuates an extremely dark vision of reality and hardship for you...”; and, (iii) there are other states of consciousness within you. If you can access them they will offer you an entirely different way of interpreting and experiencing your reality. (from The Introduction)*

*Both David and Claudette had become acquainted with the workings of their own aggressive/defensive ego (fear) consciousnesses. They had watched as its cherished set of judgments, opinions, and beliefs lay in tatters... With the memory of the love they had once shared, they could begin the process of bringing their broken, yet considerably more authentic selves to each other to be known and healed. Each had been wrong about a great many things. They were now choosing to give themselves over to a qualitatively deeper and more enduring love than any they had ever known. (from Chapter III)*



Joel Brass holds a Bachelor of Arts (Honors) degree from the University of Winnipeg and a Masters of Applied Science degree from the University of Waterloo. He has been a psychotherapist in private practice, seminar leader, and radio talk show host for twenty-four years. He is a member of the British Columbia Association of Registered Clinical Counsellors. He maintains a private counselling practice and lives in White Rock, BC. This book has been a ten year labor of love.

<[www.joelbrass.com](http://www.joelbrass.com)>



Coming Soon, I Hope, To A Bedside Table Near You!

This being human is a guest house  
Every morning a new arrival.  
A joy, a depression, a meanness, some momentary awareness comes as an unexpected visitor.  
Welcome and entertain them all!  
Even if they are a crowd of sorrows, who violently sweep your house empty of its furniture,  
still treat each guest honorably.  
He may be clearing you out for some new delight.  
The dark thought, the shame, the malice, meet them at the door laughing,  
and invite them in.  
Be grateful for whoever comes,  
because each has been sent as a guide from beyond.

- Rumi

"No man can wear one face to himself and another to the multitude without finally getting bewildered as to which may be true."

- Nathaniel Hawthorne

"The highest quality that a human being can reach is to be independent of the good opinion of others."

- Abraham Maslow

"The gift: The best day of your life is the one on which you decide your life is your own. No apologies or excuse. No one to lean on, rely on or blame. The gift is yours. It is an amazing journey and you alone are responsible for the quality of it. This is the day your life really begins."

- Positive Mental Attitude Journal  
December 22, 1998



BIZARRO

by Dan Piraro



# Relationships: The Work of Love

## Working Through our Fears in Matters of Love

### This weekend seminar shows us:

- Our fear based, survival orientated patterns of behavior in relationships.
- How and why we sabotage our love relationships.
- How to have more loving relationships in our lives.

The very same ego consciousness that helped us to survive the emotional pain of our childhood and adolescence comes back to haunt and sabotage us in our most significant relationships in the present. If the experience of loving and being loved is associated in the unconscious mind with the experience of trauma, violation, conflict or abandonment, nothing will be scarier than "love" approaching. The ego consciousness will mobilize to protect the inner family from perceived *enemies* like trust, closeness, commitment, vulnerability and honesty, not to mention men or women. The extent to which the adult consciousness has become identified with the ego in this lifetime is the extent to which love in all intimate, committed, monogamous, long-term, primary relationships will become problematic, dysfunctional and even destructive.

In the weekend seminar Relationships: The Work of Love we examine ourselves as the perpetrators of pain. We examine the myriad flight and fight responses that we have employed to keep from our hearts and souls the very people we say we want to love, the very people who have committed the "crime" of loving us. This most certainly could include our love interest but we will also examine our relationship with our father, mother, sister, brother, son, daughter and past loves to discover the ego patterns that have run us and our relationships into the ground. We begin to move from being baffled, righteous, or victimized by our love lives to taking 100% responsibility for the state that our most significant relationships are in. All of our dynamics and imposed barriers to real intimacy, committed love and monogamy are faced.

Only then can we discover and examine the components of a healthy, loving and mutually beneficial relationship. Only then can we discover that with courage, vulnerability, honesty and humility, we can begin to experiment with laying down our survival-oriented, fear based ego patterns and return to our connection with the child and spiritual consciousness within as an entirely new base from which to interact with the people of our loves.

**Cost - \$250.00 per person (deferred payment plan available)  
bursaries available to those in financial need**

**When: Saturday, February 28, 2009  
Sunday, March 1, 2009**

If you have further questions or would like to register contact:

Craig Woods (seminar coordinator) at (604) 649-7533

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